

Adult Congenital Heart Disease (ACHD) Care Resources

This webpage contains a collection of bedside resources for the practitioner who is providing bedside care for adults with congenital heart disease (CHD). Care for these patients may be provided in either an adult or pediatric facility. The goal of these guidelines, developed for the nurse at the point of care, is to provide a quick, comprehensive overview of potential/actual problems, complications and interventions that may be encountered in adults who have grown up with CHD. Each topic in this outline may be opened, printed, and taken to the side of the patient for a quick reference or to serve as a guideline for further investigation on the care or problems that are encountered in the ACHD patient. The original resources have been reviewed and revised by a group of advance practice nurses from around the country. The members of the original writing group members are included on the list of documents below.

Editor, Revised Documents:
Mary Rummell, MN, RN, CPNP, CNS, FAHA

The following links will provide additional electronic resources in the care of adults with congenital heart disease:

- ❖ American Heart Association: ACC/AHA 2008 Guidelines for the Management of Adults With Congenital Heart Disease: <http://circ.ahajournals.org/content/118/23/e714>
- ❖ Adult Congenital Heart Association: www.achaheart.org
- ❖ Pregnancy information on care for women who have congenital heart disease: <http://www.heartdiseaseandpregnancy.com/>

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Problems:

Anticoagulation with Warfarin

Loren Brown
Margaret Evans-Langhorst

Arrhythmias in ACHD

Annette Haynes

Comfort Management

Sandy Staveski
Mary Rummell

Discharge Guidelines	Margaret Schroeder
Postoperative Glycemic Control	Mary Rummell
Pulmonary Hypertension	Jo Ann Nieves Annette Haynes
Pulmonic Ventricular Dysfunction	Louise Callow
Pregnancy and Congenital Heart Disease	Annette Haynes Patty Woods

Please let us know if these documents assist you in your care of the adult patient with congenital heart disease. Email your comments/suggestions to Mary Rummell at:

lrummell@hotmail.com